

THE ALFORD ARMS - Dairy Free



*Please ask for help with any allergies
Some of these dishes may contain eggs. If you would like to go egg free, please just let us know

STARTERS

- Today's soup with crusty bread (nv) £6.25
Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £5.25
Salt 'n pepper squid with chilli jam £7.75
Boxty sweet potato cake with sweetcorn and chilli salsa and rocket salad (v) £7.25
Charred Cornish wild sea bass fillet with grapefruit, capers, courgettes and Chiltern rapeseed oil £8.50
Crispy pig cheeks with apple purée, crispy shallots and pickled celery £7.75
Bubble and squeak with oak smoked bacon and free range poached egg £7.75/£13.75

MAIN COURSES

- Potash Farm free range coq au vin with rapeseed oil mash and curly kale £18.75
Pan-roast sea bream fillet with parsley and lemon cous cous, braised chicory and salsa verde £19.50
Chilli roast butternut squash superfood salad with pomegranate, quinoa and lentils (v) £12.75
..... add sautéed smoked bacon £2.25
Grilled Cornish pollock with sea salt baked new potatoes, sprout tops and lentil vinaigrette £19.75
Today's locally made free range pork sausages with Chiltern rapeseed oil mash and red wine gravy £13.25
Ledgemore Farm lamb, leek and rosemary suet pudding with braised peas, pearl onions and baby gem £18.50
Baked Indian-spiced Bucksom Farm pumpkin with onion bhajis,
chard sag aloo and fennel chutney (v) £14.25
Char-grilled aged 10oz English rib-eye steak with rocket salad and skinny chips £26.75

SIDES

- Seasonal vegetables £3.75 Truffle chilli sprouts £4.00 House salad £3.75
Courgette fries with garlic aioli £4.25 Smoked paprika salt hand-cut chips £4.00
Skinny chips or Chiltern rapeseed oil mashed potatoes £3.75

PUDDINGS

- Spiced apple and pear compôte with DF (dairy free) vanilla ice cream £6.75
Baked coconut rice pudding with mango and mint salsa £6.75
Banana and raspberry sundae with DF honeycomb ice cream,
raspberry sauce and honeycomb £7.50
Warm sticky toffee pudding with DF vanilla ice cream £7.50
Homemade DF ice cream (vanilla, strawberry, honeycomb) £6.00
Homemade sorbets (apple, pear, lime) £5.75
Affogato espresso and DF vanilla ice cream £5.00