

# THE ALFORD ARMS - Gluten Free



*Please ask for help with any allergies*

## STARTERS

Today's soup with GF (gluten free) bread (nv) £6.25

Salt 'n pepper squid with chilli jam £7.75

Spiced roast pumpkin and squash with crispy halloumi salad and sweetcorn and chilli salsa (v) £7.25

Charred Cornish wild sea bass fillet with grapefruit, green olives, courgettes and black olive oil £8.50

Crispy pig cheeks with apple purée, crispy shallots and pickled celery £7.75

Grilled Wobbly Bottom goats' cheese salad with rocket, pickled celery, red pepper ketchup and lentil vinaigrette (v) £6.75

Bubble and squeak with oak smoked bacon, free range poached egg and hollandaise sauce £7.75/£13.75

## MAIN COURSES

Potash Farm free range coq au vin with creamy mash and curly kale £18.75

Pan-roast sea bream fillet with sautéed new potatoes, braised chicory and salsa verde £19.50

Chilli roast butternut squash superfood salad with pomegranate, quinoa and lentils (v) £12.75  
..... add sautéed chorizo £2.25

Grilled Cornish pollock with seaweed and pink pepper butter, sea salt baked new potatoes and sprout tops £19.75

Ledgemore Farm lamb, leek and rosemary stew with French-style peas £18.50

Baked Indian-spiced Bucksum Farm pumpkin with onion bhajis, chard sag aloo, mint yoghurt and fennel chutney (v) £14.25

Pan-fried aged 10oz English rib-eye steak with slow-roast garlic and parsley butter, rocket and hand-cut chips £26.75

## SIDES

Buttered seasonal vegetables £3.75 Truffle chilli sprouts £4.00 House salad £3.75

Mashed potatoes £3.75 Smoked paprika salt hand-cut chips £3.75

## PUDDINGS

Spiced apple and pear crumble with vanilla custard £6.75

Baked coconut rice pudding with mango and mint salsa £6.75

Banana and raspberry sundae with honeycomb ice cream, raspberry sauce and honeycomb £7.50

Blackberry posset with blackberry compôte £7.25

Homemade ice cream (honeycomb, strawberry, mascarpone) £6.00

Homemade sorbets (apple, pear, lime) £5.75

British cheese plate with GF crackers and red onion chutney (n) £9.50

Affogato espresso and vanilla ice cream £5.00