HE ALFORD ARMS

Thursday 15th to Wednesday 28th June 2023 Please ask for help with any allergies.

GRAIN CONTAINING GLUTEN (2) W=wheat, B=barley, O=oats, R=rye, S=spelt, F=fryer Possible unknown nut contamination=10* or sesame contamination=12* Possible unknown shellfish, fish or mollusc contamination=3*, 5* & 8*

SNACKS

Olives 4.5 (4*,7*) GF Serious Pig Salamis 3 (9) GF, DF

Crispy free range pork belly bits and crackling with chilli, soy and honey sauce 6 (4,5,9,13,14,F) Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) 6 (2WBRO,10*,12*,14) DF, VG

STARTERS

Celeriac, apple and walnut salad with Oxford Blue cheese dressing (nv) 8.25 (1,4,7,9,10*,14) GF

Poached miso salmon with peas and soused vegetables 9.5 (2B,3*,5,8*,13,14) DF

Nutbourne heritage Sussex tomatoes with rocket pesto (v) 7.75 (9,14) GF, DF, VG

Free range chicken tian with chilli jam and toasted sourdough 8.75 (2WBRO,4,7,9,10*,12*,14) GF

Char-grilled English asparagus with crème fraîche and beef fat crunch (n) 9 (2WBRO,7,10*,12*)

Bubble and squeak, oak smoked bacon, free range poached egg and hollandaise sauce 8.75/16.5 (4,7,14,F) GF, DF

MATN COURSE

Porchetta with broad beans, spring onions and buttered new potatoes 19.75 (9,14) GF, DF

Chilli-roast broccoli, sweet potato, red onion and rocket superfood salad with quinoa (v) 14.75 (9,14) GF, DF, VG Add grilled halloumi 5 (7) GF

Thai sticky glazed English beef short ribs with rice noodle salad and hot 'n sour dressing 21.5 (5,13,14) GF, DF

Smoked haddock and prawn fishcake with rainbow chard and caper butter sauce 17.75 (2W,3,4,5,7,8*,9,14)

Locally made free range pork sausages with mash, greens and onion gravy 15.75 (1,2W,7,14) DF

Grilled peach with feta, radicchio and spelt salad (nv) 15.25 (2WS,7,9,14)

Char-grilled 10oz English rib-eye steak, slow-roast garlic butter, hand-cut chips and watercress 32 (7,9,14,F) GF, DF

SIDES

Classic cauliflower cheese (v) 5.5 (2W,7,9)

Buttered seasonal greens (v) 5 (7) GF, DF, VG

Sea salted hand-cut chips (v) 5 (F) GF, DF, VG

Courgette fries with honeyed yoghurt (v) 5.5 (2W,4,7,F)

Skinny chips or mashed potatoes (v) 4.5 (7,F) GF, DF, VG

Invisible chips 4 (100% donation to Hospitality Action)

PUDDINGS

Local elderflower crème brûlée with biscotti (n) 8.5 (2W,4,7,10Pistachio/Walnut*,11*,12*) GF

Classic lemon meringue pie 8.75 (2W,4,7)

Warm sticky toffee pudding with toffee sauce and vanilla ice cream (n) 8.25 (2W,4,7,10*,14)

Caramelised peach and chocolate mousse mille feuille 8.5 (2W,4,7,13)

Homemade ice cream with Lacey's Guernsey cream (apricot ripple, chocolate (13), raspberry) 6.75 (4,7) GF, DF

Homemade sorbets (apple, clementine, lemon) 6.25 GF, DF, VG

Chocolate truffles (n) 5 (2W,4,7,13,14)

Affogato espresso with homemade vanilla ice cream 5.5add Amaretto (n) 4 (4,7,10Almond,13) GF, DF

British cheese plate with homemade date rolls and beetroot and pear chutney (n) 10.75 (1,2W,7,9,10*,12*,13*,14) (Marlow Cheese Chiltern Cloud, Bevistan Dairy sheep's cheese and Bevistan Blue)







