

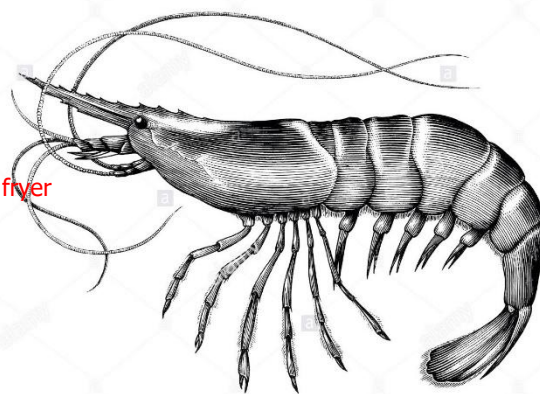
THE ALFORD ARMS

Thursday 9th to Wednesday 22nd July 2026

GRAIN CONTAINING GLUTEN (2) W=wheat, B=barley, O=oats, R=rye, S=spelt, F=flour

Possible unknown nut contamination=10* or sesame contamination=12*

Possible unknown shellfish, fish or mollusc contamination=3*, 5* & 8*



SNACKS

Olives 5 (4*,7*) GF Serious Pig Salamis 4 (9) GF, DF

Cauliflower popcorn with Indian spiced mayonnaise 8 (1,2WSB*,4,9,12*,13,14,F) GF, DF

Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) 7 (2WBRO,10*,12*,13*,14) DF, VG

STARTERS

Chilled pea and mint soup with chilli toasted seeds and focaccia (nvg) 8 (1,2WBRO,10*,12*,13*,14) DF, VG

Roast Potash Farm free range chicken rilletes with chilli jam and crispy onions 11.5 (4,7,9,14,F)

Grilled red pepper and courgette tart with basil pesto (nvg) 9 (2W,10*,13) DF, VG

Add Crispy halloumi 3 (7) GF

Baked mackerel fillet with beetroot, spring onion, apple, local kale and horseradish dressing 10.5 (3*,5,7,8*,9,14) GF

Isle of Wight tomato panzanella salad (nvg) 9.5 (2WBRO,9,10*,12*,13*,14) DF, VG

Bubble and squeak, oak smoked bacon, free range poached egg and hollandaise sauce 10.5/18.25 (4,7,14,F) GF, DF

MAIN COURSE

Free range pork hash cake with gribiche sauce and cider braised savoy cabbage 21.5 (1,2W,4,9,13*,14,F) DF

Pan-roast salmon fillet with, green bean, frisée, olive and sun-dried tomato salad with croutons (n) 26
(2WBRO,3*,5,8*,9,10*12*,13*,14)

Chilli roast nectarine and sweet potato salad with cucumber, red onion and quinoa (vg) 17 (2W*,9,13*,14)

Add Grilled goats' cheese (v) 4 (7) GF or Yoghurt baked shredded lamb shoulder 7 (7,14) GF

Free range chicken breast schnitzel with apple and red cabbage slaw and skinny chips 22.5 (2W,4,9,13*,14,F) DF

King prawn, smoked bacon, spring onion, tomato and chilli linguine 19.75 (2W,3,4,13*,14) DF

Locally made free range pork sausages with mash, greens and onion gravy 18.75 (1,2W,7,14) DF

Char-grilled 10oz English rib-eye steak with slow-roast garlic butter, skinny chips and watercress 35.5 (7,9,14,F) GF

SIDES

Buttered seasonal vegetables (vg) 6 (7) GF, DF, VG

Chilli and lemon roast broccoli (vg) 7 GF, DF, VG

Sea salted hand-cut chips (vg) 6 (F) GF, DF, VG

Courgette fries with honeyed yoghurt (v) 7 (2W,4,7,13,F)

Skinny chips (F) or mashed potatoes (7) (vg) 6 GF, DF, VG

Invisible chips 4 (100% donation to Hospitality Action)

PUDDINGS

Queen of puddings with blackberry jam (n) 9.75 (2WBRO,4,7,10*,12*,13*)

Dark chocolate tart with mascarpone and orange syrup 10.5 (2W,4,7,13)

Lemon posset with raspberry compôte and ginger biscuit 9.5 (2W,4,7)

Elderflower syrup strawberries with coconut sorbet and hazelnut praline (nvg) 10.75 (10) GF, DF

Homemade ice cream with *Lacey's Guernsey cream* (chocolate (13), vanilla, apricot ripple) 8.5 (4,7) GF, DF

Homemade sorbets (lemon, apple, blood orange) (vg) 7.5 GF, DF, VG Dark Chocolate truffles 6 (2W,4,7,13,14)

Affogato espresso with vanilla ice cream 6 add Amaretto (n) 5.5 (4,7,10Almond,13) GF, DF

British cheese plate, homemade pumpernickel, beetroot and pear chutney (n) 12.5 (1,2WBRO,7,9,10*,12*,13*,14)