

THE ALFORD ARMS

Thursday 20th August to Wednesday 2nd September

Please ask for help with any allergies - (gf) Gluten Free, (gfa) Gluten Free Available, (df) Dairy Free, (dfa) Dairy Free Available, (v) Vegetarian, (vg) Vegan, (n) CONTAINS nuts



SNACKS

Olives 5

Char-Grilled Local Padrón Peppers (vg, gf, df) 8

Rustic Breads, Slow-Roast Garlic, Chiltern Rapeseed Oil & Balsamico (n, vg, df) 8

STARTERS

Lemon & Thyme Marinated Local Courgettes, Sunflower Seeds, Parmesan, Rocket, Anchovies (n, gfa, dfa) 9

St Ives Smoked Mackerel Pate, Pickled Cucumber, Watercress, Wholemeal toast (n, gfa) 10.25

Native Beef Bavette, Chimichurri Sauce, Crispy New Potatoes (gfa, dfa) 11.5

Local Onion Tarte Tatin, Butternut Squash Puree, Cheyney's Leaf Salad (vg, df) 9

Oxford Blue Welsh Rarebit, Roast Pear, Shallot & Watercress Salad (n, v) 9.75

Bubble & Squeak, Oak Smoked Bacon, Free Range Poached Egg, Hollandaise Sauce (gfa, dfa) 10.5/18.25

MAIN COURSE

Smoked Haddock & Salmon Fish Cake, Buttered Peas, Little Gem 21.50

Confit Free Range Pork Belly, Orange Roast Heritage Carrots, Creamy Mash, Red Wine Jus (gf, dfa) 23

Kalamata Olive Tapenade & Spinach Pappardelle, Goat's Cheese Mousse, Garlic & Parsley Crumb 19.75

Pan-Roast Cornish Hake, Chive Crushed Potatoes, Braised Kale, Pickled Fennel, Caper Butter Sauce (gf) 26.5

Chilli Roast Nectarines, Sweet Potato, Cucumber, Red Onion & Quinoa Salad (vg, gfa, df) 18

Add Grilled Goats' Cheese (v) 4 or Yoghurt Baked Shredded Lamb Shoulder 7

Locally Made Free Range Pork Sausages, Mash, Greens, Onion Gravy (dfa) 18.75

Char-Grilled 10oz English Rib-Eye Steak, Slow-Roast Garlic Butter, Skinny Chips, Watercress (gf, dfa) 35.5

SIDES

Buttered Seasonal Vegetables (vg, gf, dfa) 7

Classic Caesar Salad 7

Skinny Chips or Mashed Potatoes (vg, gfa, dfa) 6

Courgette Fries, Honeyed Yoghurt (v) 7

Sea Salted Hand-Cut Chips (vg, gfa, df) 6

Invisible chips 4 (*100% donation to Hospitality Action*)

PUDDINGS

Local Plum & Damson Bakewell Tart, Mascarpone (n) 9.75

Sticky Toffee Pudding, Toffee Sauce, Coffee Ice Cream 10.5

Coconut Rice Pudding, Blackberry Compote (vg, gf, df) 9

Dark Chocolate Brownie, Chocolate Sauce, Vanilla Ice Cream (gf) 10.75

Homemade Ice Cream *with Lacey's Guernsey Cream* (Chocolate, Vanilla, Apricot Ripple) (gf, dfa) 8.5

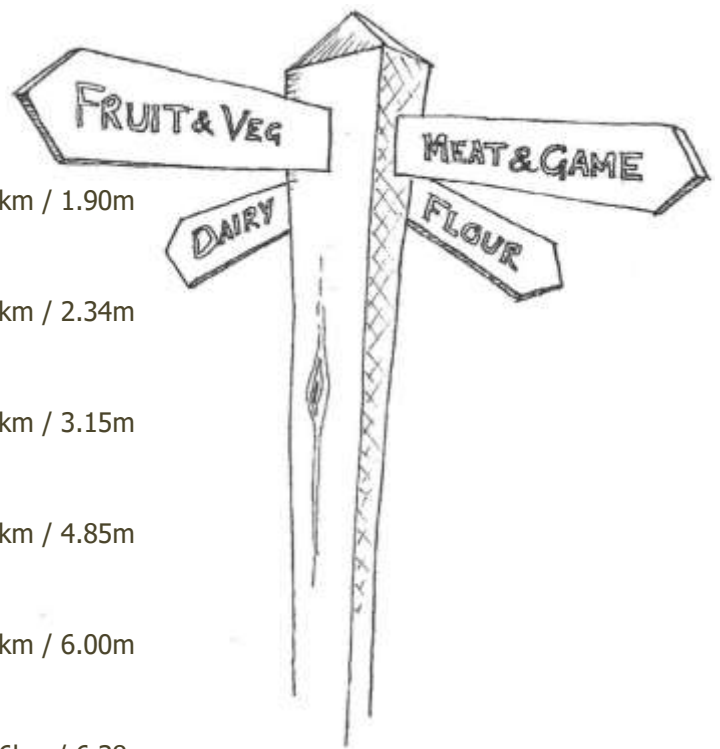
Homemade Sorbets (Lemon, Kiwi, Strawberry) (vg, gf, df) 7.5

Dark Chocolate Truffles 6

Affogato Espresso with Vanilla Ice Cream 6.....Add Amaretto (n, gf, dfa) 5.5

British Cheese Plate, Homemade Pumpnickel Bread, Beetroot & Pear Chutney (n) 14

(Bevistan Blue Sheep's Cheese, Wookey Hole Cave-Aged Cheddar, St. Ivo - Handmade in Cambridgeshire)



Darvell & Sons, Berkhamsted Traditional Small Batch Bakery	3.06km / 1.90m
Cheyney's Permaculture Regenerative Smallholding & Free Range Eggs	3.77km / 2.34m
Berkhamsted Bees Gaddesden Row Honey	5.08km / 3.15m
Shortgrove Manor Farm, Kensworth Citrus Fruit from the UK National Collection	7.81km / 4.85m
Chiltern Fish & Game, Tring Butchers, Fishmongers & Local Game	9.66km / 6.00m
Redbournbury Watermill, St Albans Traditional, Organic Flour Mill	10.26km / 6.38m
Grove Farm, Ford End, Ivinghoe PYO Asparagus, Fruit & Vegetables	10.5km / 6.52m
Markate Gardens Organic Market Garden, Sarratt	10.59km / 6.58m
P.E. Mead, Wilstone, nr. Tring Chiltern Rapeseed Oil	10.92km / 6.78m
Native Beef & Lamb, Sarratt Pasture fed Red Ruby Devon 28 day Dry-aged Beef	11.37km / 7.07m
Chiltern Heritage Orchard, St. Leonards Organic Fruit, Vegetables & Heritage Fruit	11.52km / 7.16m
Potash Farm Foods, Puttenham, nr. Tring Free Range Chicken	13.85km / 8.61m
Timpson's Smallholding, Saunderton Buckinghamshire Butchers	23.54km / 14.62m
Lacey's Farm, Lane End, Buckinghamshire Cream from their Pedigree Guernsey Herd	27.98km / 17.38m
The Cracking Egg Company, Mursley Farm Free Range Eggs	28.03km / 17.42m
Bevistan Dairy, Carlton, Bedfordshire Artisan Sheep's Cheese	45.34km / 28.17m
Hodmedod's, Brampton, Suffolk Pulses, Grains & Flour from British Farms	159.23km / 98.94m