THE ALFORD ARMS

Thursday 15th October to Wednesday 04th November

Please ask for help with any allergies - (gf) Gluten Free, (gfa) Gluten Free Available,
(df) Dairy Free, (dfa) Dairy Free Available, (v) Vegetarian, (vg) Vegan, (n) CONTAINS nuts

SNACKS

Olives 5
Salt & Pepper Pork Belly Bits, Siracha Honey (gf, df) 8
Rustic Breads, Slow-Roast Garlic, Chiltern Rapeseed Oil & Balsamico (n, vg, df) 8

STARTERS PLATES

Broccoli & Leek Soup, Wholegrain Mustard Crème Fraiche, Rustic Bread (n, gfa, dfa, v, vga) 7.50
Mutter Halloumi, Raita, Crispy Onions (v) 9.75
Bresaola, Roast Figs, Balsamic Jelly, Red Onion Petals, Rocket (gf, df) 11
Poached Salmon Fillet, Spicy Red Pepper Sauce, Crispy Shallot & Garlic (gfa) 11.25
Crispy Oyster Mushrooms, Asian Noodle Salad, Hot & Sour Sauce (vg,gf,df) 10/18
Bubble & Squeak, Oak Smoked Bacon, Free Range Poached Egg, Hollandaise Sauce (gfa, dfa) 10.5/18.25

MAIN PLATES

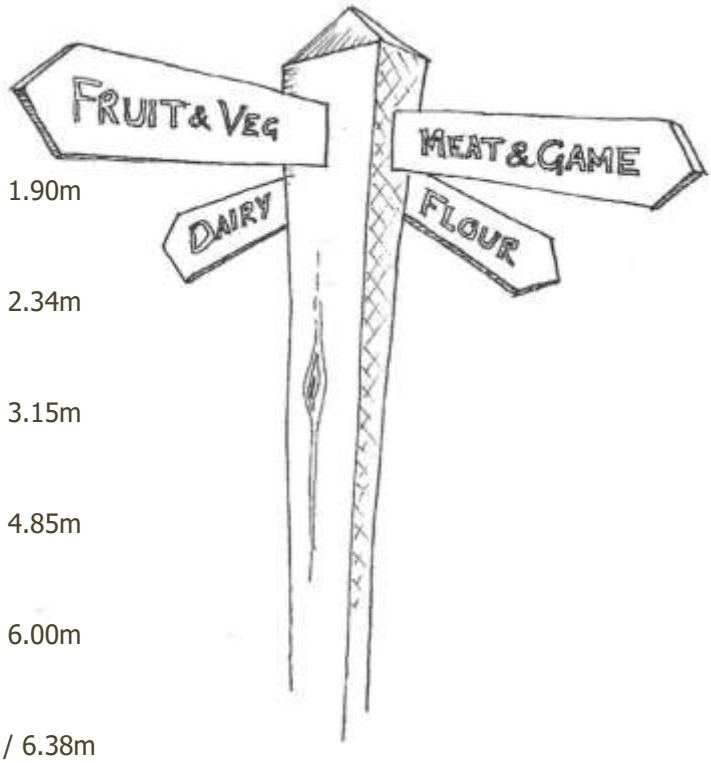
Red Wine Braised English Beef Blade, Horseradish Mash, Tallow Carrots, Red Wine Jus (gf, dfa) 23
Pan-Roast Gray Mullet, Crushed Peas, Parmentier Potatoes, Beer Scraps, Warm Tartare Sauce (gfa, dfa) 26
Free Range Pork Loin Bacon, Pork Rib Hash, Fried Hens Egg, Chard, Red Wine Jus (gf, df) 23.50
Smoked Haddock, Mashed Potato, Poached Egg, Seasonal Greens, Wholegrain Mustard Sauce (gf) 19.75
Jerusalem Artichoke Tapenade Risotto, Black Olive Crumb, Rocket & Whipped Feta (v, gf) 18
Devil Spiced Roast Pumpkin, Herb Couscous, Hummus, Pomegranate & Mint Dressing (vg, df) 18
Add Grilled Chicken Thighs 5
Locally Made Free Range Pork Sausages, Mash, Seasonal Greens, Onion Gravy (dfa) 18.75
Char-Grilled 10oz English Rib-Eye Steak, Slow-Roast Garlic Butter, Skinny Chips, Watercress (gf, dfa) 36.75

SIDES

Buttered Seasonal Vegetables (vg, gf, dfa) 7
Broccoli Cheese with garlic crumb (v) 7
Skinny Chips or Mashed Potatoes (vg, gfa, dfa) 6
Courgette Fries, Honeyed Yoghurt (v) 7
Sea Salted Hand-Cut Chips (vg, gfa, df) 6
Invisible chips 4 (*100% donation to Hospitality Action*)

PUDDINGS

Spotted Dick, Cardamom Custard 9.75
Local Damson Fool, Ginger Crumb (gfa) 9.75
Treacle Tart, Mascarpone 10.25
Dark Chocolate Brownie, Chocolate Sauce, Vanilla Ice Cream (gf) 10.75
Coconut Baked Rice Pudding, Marmalade, Cinamon Sugar (gf, df, vg) 9.50
Homemade Ice Cream *with Lacey's Guernsey Cream* (Chocolate, Apricot Ripple, Raspberry Ripple) (dfa, gf) 8.5
Homemade Sorbets (Lemon, Kiwi, Strawberry) (vg, gf, df) 7.5
Affogato Espresso with Vanilla Ice Cream 6…..Add Amaretto (n, gf, dfa) 5.5
Dark Chocolate Truffles 6
British Cheese Plate, Homemade Pumpernickel Bread, Alford Chutney (n) 14
(Bevistan Blue Sheep's Cheese, Wookey Hole Cave-Aged Cheddar, St. Ivo - Handmade in Cambridgeshire)



Darvell & Sons, Berkhamsted Traditional Small Batch Bakery	3.06km / 1.90m
Cheyney's Permaculture Regenerative Smallholding & Free Range Eggs	3.77km / 2.34m
Berkhamsted Bees Gaddesden Row Honey	5.08km / 3.15m
Shortgrove Manor Farm, Kensworth Citrus Fruit from the UK National Collection	7.81km / 4.85m
Chiltern Fish & Game, Tring Butchers, Fishmongers & Local Game	9.66km / 6.00m
Redbournbury Watermill, St Albans Traditional, Organic Flour Mill	10.26km / 6.38m
Grove Farm, Ford End, Ivinghoe PYO Asparagus, Fruit & Vegetables	10.5km / 6.52m
Markate Gardens Organic Market Garden, Sarratt	10.59km / 6.58m
P.E. Mead, Wilstone, nr. Tring Chiltern Rapeseed Oil	10.92km / 6.78m
Native Beef & Lamb, Sarratt Pasture fed Red Ruby Devon 28 day Dry-aged Beef	11.37km / 7.07m
Chiltern Heritage Orchard, St. Leonards Organic Fruit, Vegetables & Heritage Fruit	11.52km / 7.16m
Potash Farm Foods, Puttenham, nr. Tring Free Range Chicken	13.85km / 8.61m
Timpson's Smallholding, Saunderton Buckinghamshire Butchers	23.54km / 14.62m
Lacey's Farm, Lane End, Buckinghamshire Cream from their Pedigree Guernsey Herd	27.98km / 17.38m
The Cracking Egg Company, Mursley Farm Free Range Eggs	28.03km / 17.42m
Bevistan Dairy, Carlton, Bedfordshire Artisan Sheep's Cheese	45.34km / 28.17m
Hodmedod's, Brampton, Suffolk Pulses, Grains & Flour from British Farms	159.23km / 98.94m